

Cloth Covered Journals

Girl Scouts Troop 6553 – Gratitude Fun Patch, June 2020

Making our own gratitude journals

Materials needed

The Troop has provided:

- 2 8 ½ x 5 ½” cardboard covers
- 1 piece of fabric
- 10 bound pages for the journal, stitched together
- 1 page of scrapbook paper (inside covers)

Materials from your household

Parents – please provide to your girl scout:

- Elmer's glue
- Fabric scissors
- Paper scissors
- Ruler & pencil
- Medium size craft paintbrush
- 1 heavy book

Getting ready to craft

- Parents – please help your scout to iron her fabric flat.
- Scouts -
 - (1) make a line using the ruler and pencil to cut the scrapbook page into two each pieces, $8 \frac{1}{2} \times 5 \frac{1}{2}$ ".
 - (2) gentle fold your journal pages in half along the stitch line.

Gluing the fabric to the boards

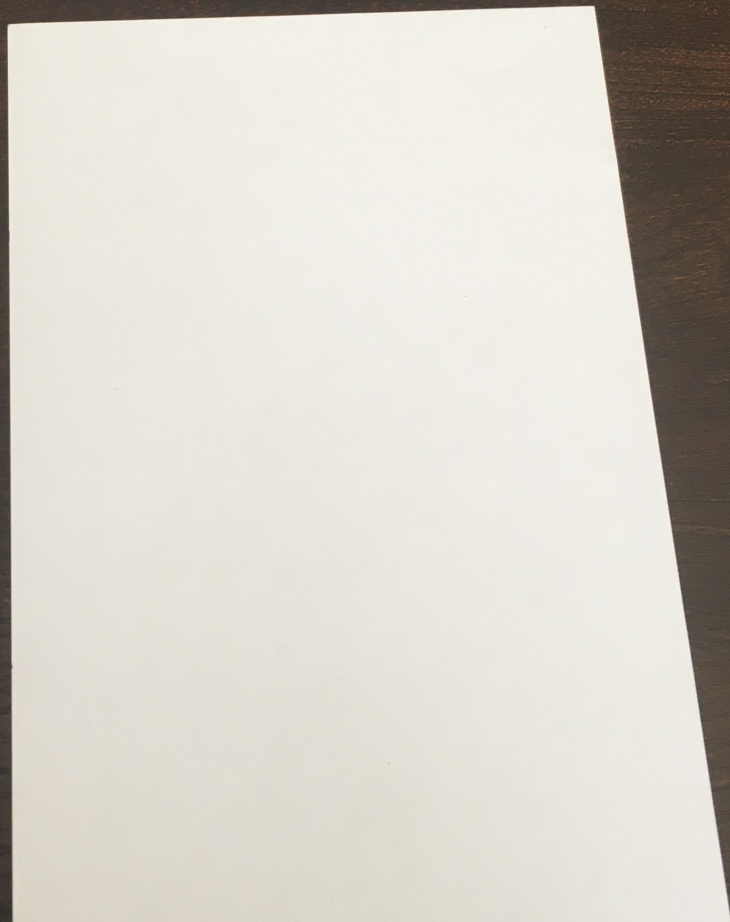
- Lay the fabric wrong-side up on the table and position the two cardboard pieces next to each other, with a gap of $\frac{1}{4}$ to $\frac{1}{2}$ " in between them.
- Cut off the corners of the fabric within $\frac{1}{4}$ " of the cardboard edges.
- Run a line of glue along the outside edges of each cardboard and use the brush to thin the glue and coat the edges thoroughly.
- Fold over the fabric from the top, then the bottom, then left and right. Make sure you are keeping the fabric flat and tight.
- Add more glue when folding left and right at the corners if the fabric overlaps.



Next – add
journal pages

- Glue down the first and last pages of the journal, using the same technique - a thin coat of glue over the fabric and board, then press down the journal page.





Add the decorative end pages

- Glue down each decorative edge page to the front and back insides of the journal.
- Clean up residual glue, if any.

Dry the book under a heavier book

