

# The Art of Zen Drawing

## Juniors Drawing Badge

**Pattern**...a line or shape that repeats in a  
predictable way

August 2020 - Troop 6553

Virtual Troop Meeting

# Materials Needed

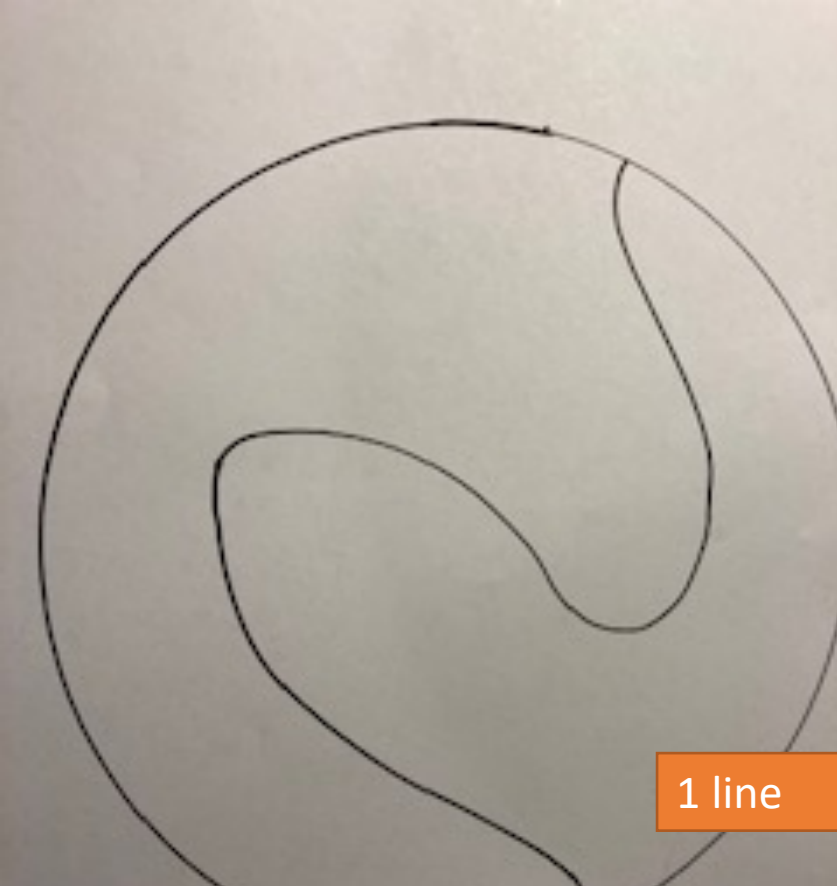
- Several sheets of blank copy paper
- A black sharpie or black marker – medium to thin thickness
- Colored pencils/crayons and markers
- Circular objects to use to draw a circle on paper (various sizes)
- Ruler...optional
- Additional black markers of varied thickness...optional

# Warm Up: Playing With Patterns

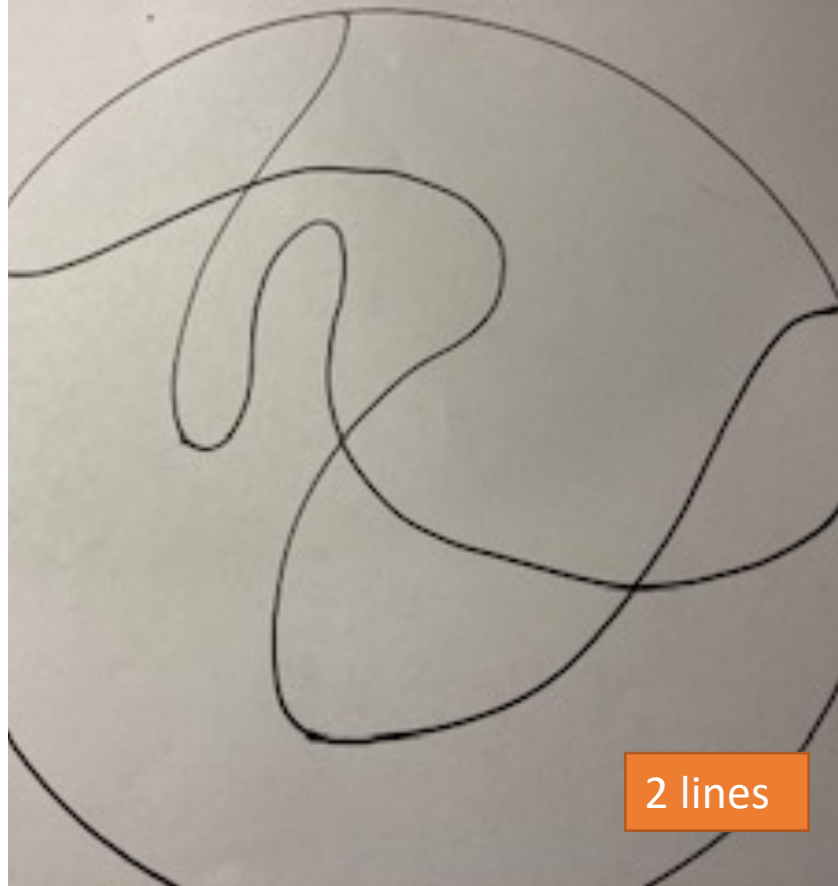
- Take one sheet of blank paper and fold in half each direction twice to create 16 sections.
- Pick a section to fill with parallel straight horizontal lines
- In another section, draw parallel vertical lines.
- In another area use parallel lines in two different directions Next try squiggly lines
- Try creating a pattern of dots or circles.
- Next try a specific pattern, like a daisy or stars.
- In each section focus on filling the entire section with your chosen pattern and create 16 different patterns



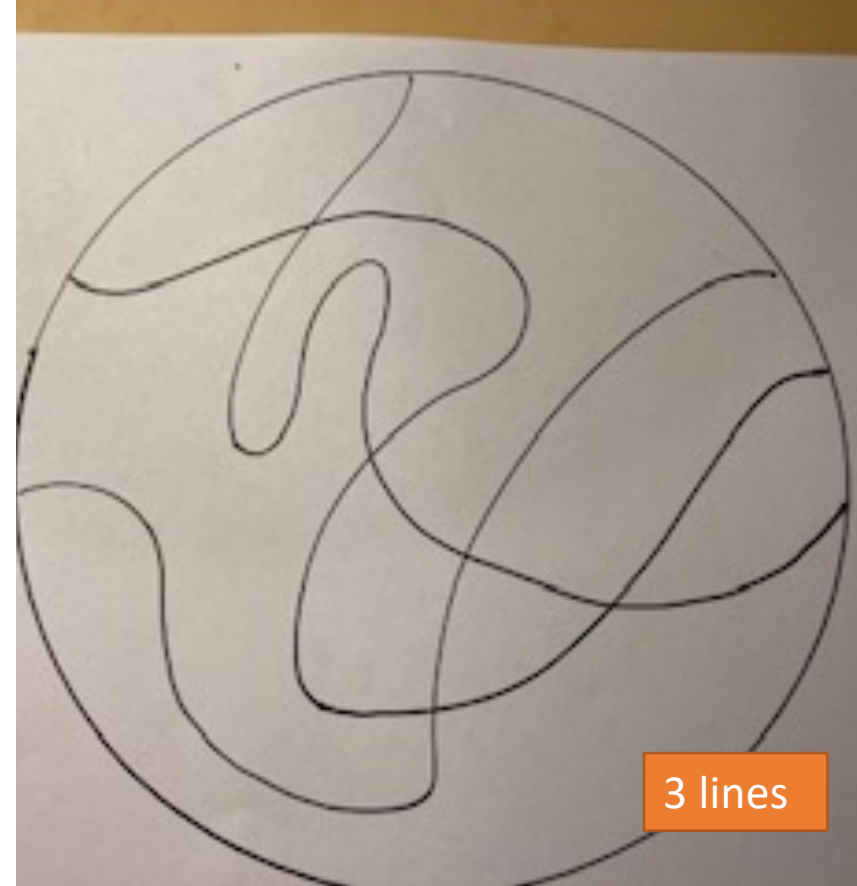
# Warm Up – Playing with Patterns



1 line



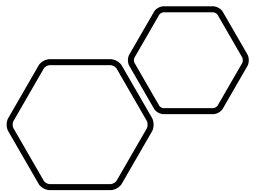
2 lines



3 lines

## Beginning your Zen Circle Design

- Starting with a fresh sheet of paper, use a circular template or plate to draw a large circle.
- Use at least 2-3 lines through the circle. They can be straight, curvy or looping.





Start adding **patterns** from your warm-up designs, be sure to entirely fill in the space created by your lines.  
If you have a pattern you really like you can use it again



Keep adding different patterns...take your time!

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When every space is filled with patterns you are ready to add color.

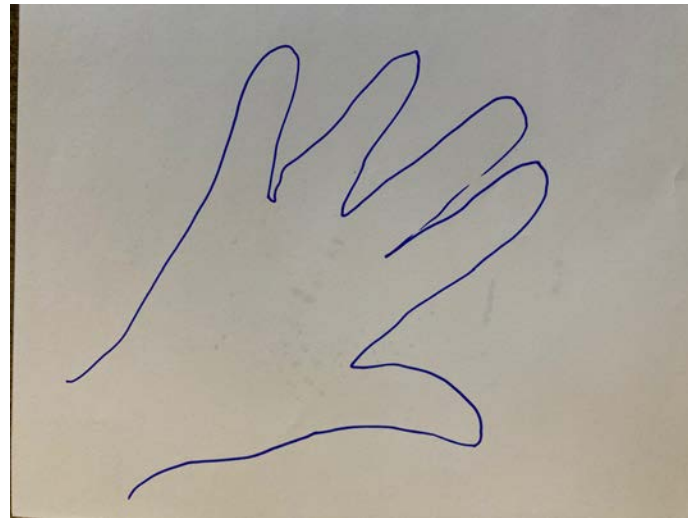
- Colored pencils
- Colored markers
- Crayons



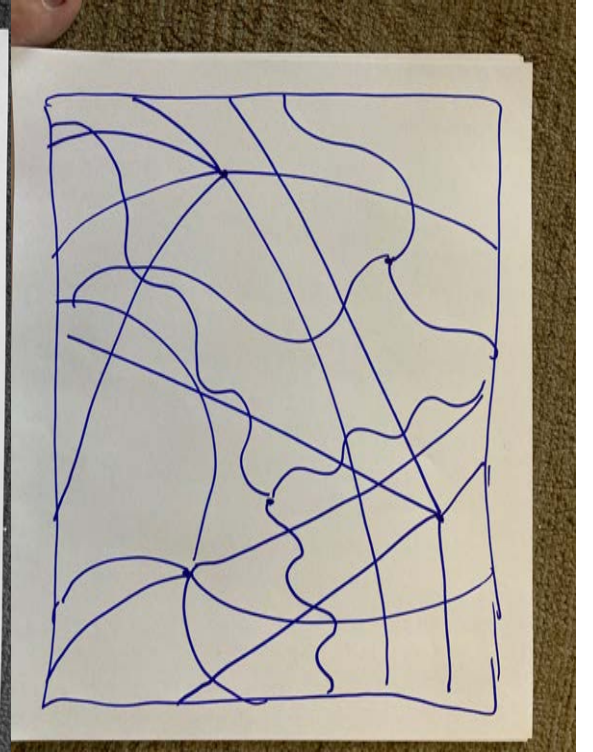
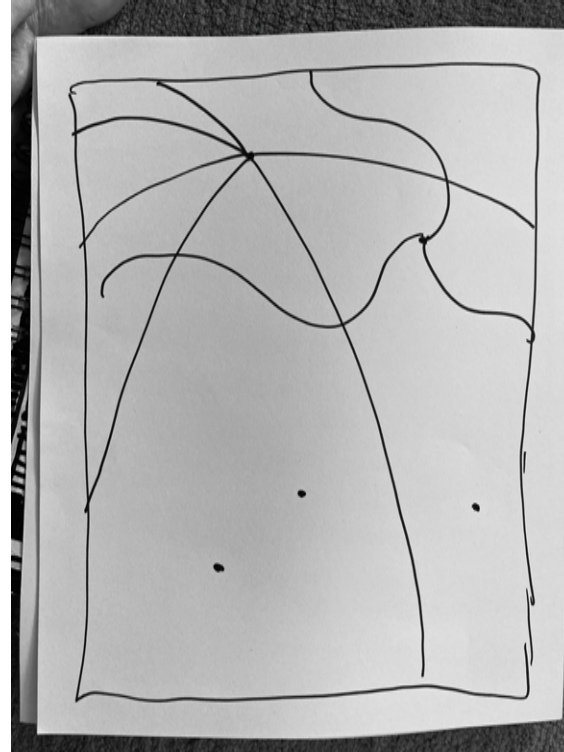
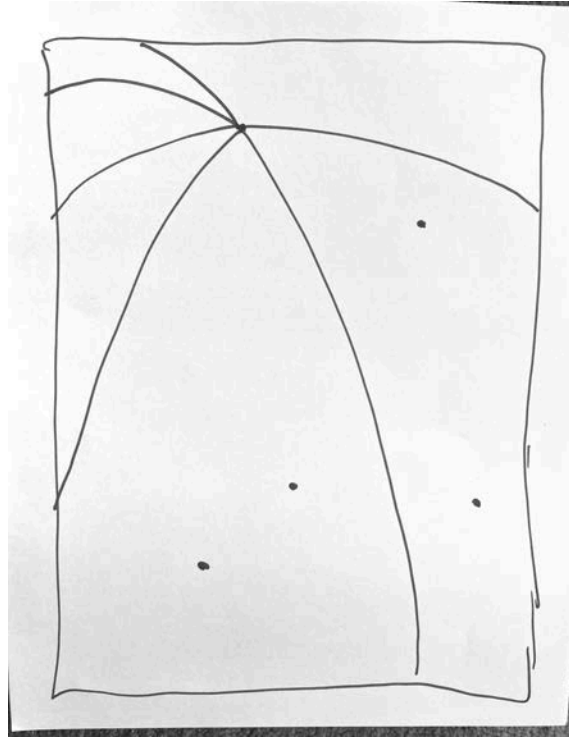
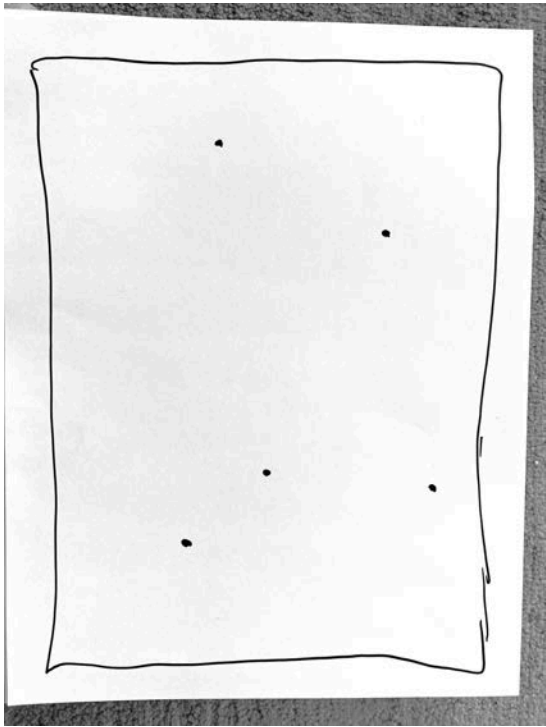


# Want to do a different one? Here are some ideas.

- Instead of a circle trace around your hands
- Draw lines through your outline
- I also added a heart shape ...can you find it.



Begin your Zen drawing with 5 dots....and then  
had lines that start at the dot and end on the edge  
of the paper...use lots of lines from each dot

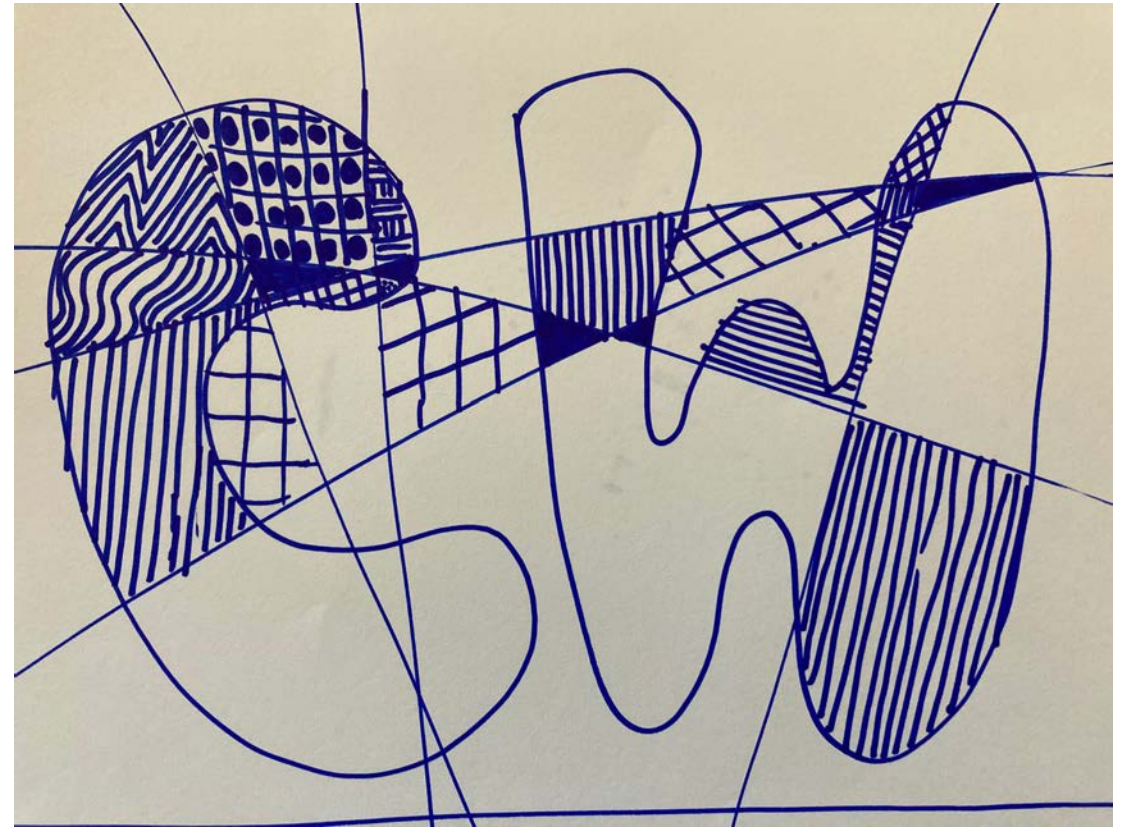
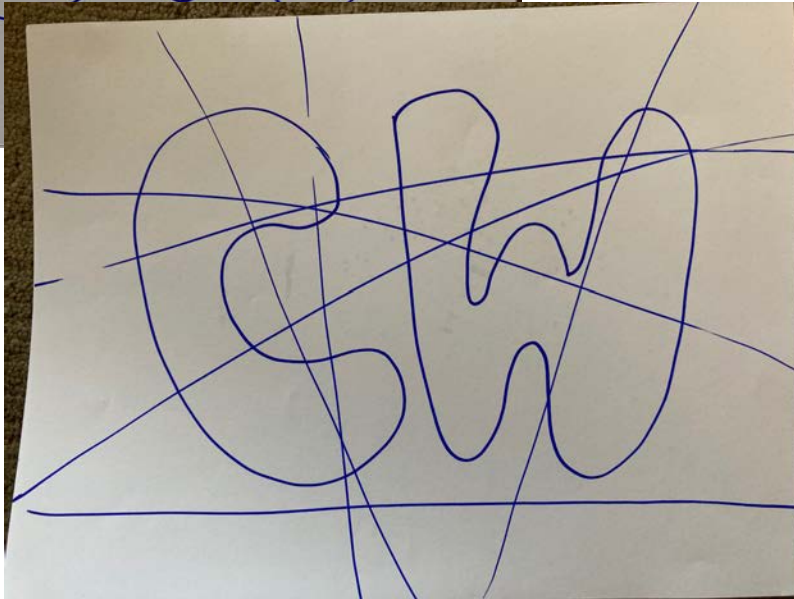
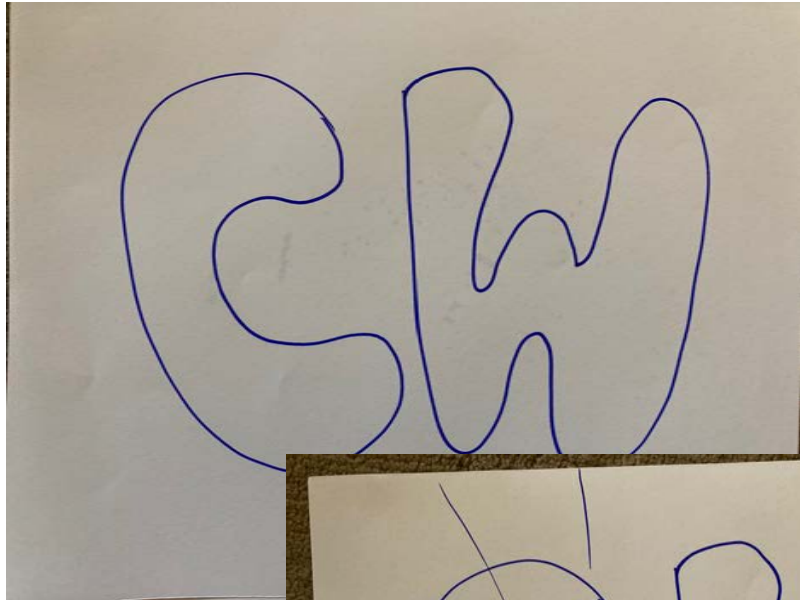


# Sample of 5 dots Zen







Begin with your initials...draw them like big pillows





# Drawing badge requirements:

- Experiment with different materials  Ink, colored pencils or markers
- Learn how to add shading ...another lesson coming soon!
- Get some perspective another lesson coming soon!
- Use your imagination like a graphic artist 
- Make your masterpiece—and show it off! Send a photo to Mrs. Redcrow so she can post it..... 