

English Paper Piecing

Girl Scouts Troop 6553 At Home Quilt Project

Featuring designs of Katja Marek – The New Hexagon Quilt

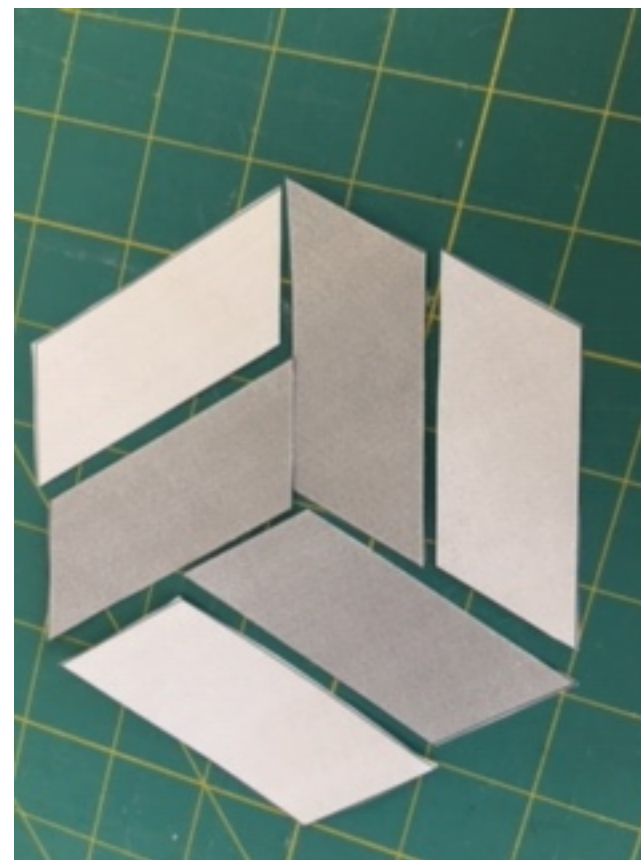
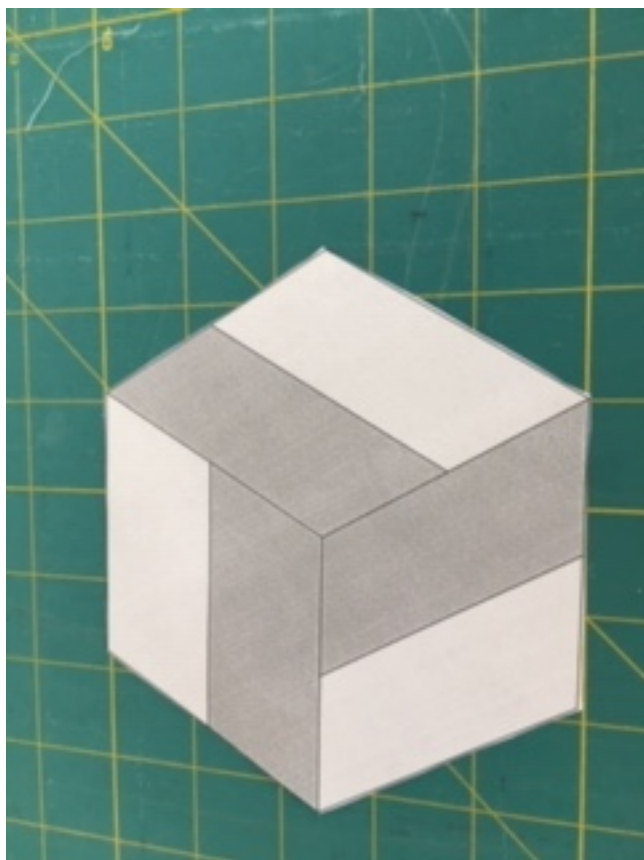
Supplies Needed:

- Paper pattern
- 100% cotton fabric
- Needle
- Cotton thread (ideally to match one of the fabrics, or neutral color (white, cream, grey, pale yellow, pale pink))
- Glue stick & a pencil/pen to mark the pieces
- Paper scissors
- Fabric scissors or rotary blade and mat (with adult assistance only!)

Cutting out the paper pieces

- Precise scissors cutting is required. You need to cut **exactly on the lines.**
- Each piece should be the same size.
- Label on the greyscale side of each piece with a color (pink or blue)
- You should have 3 Pink/3 Blue labeled paper pieces

Cutting Photos



Cutting and Preparing Each Block with Glue

- In your kit, you have 2 colors in strips of 2" x 11.5" cotton fabric.
- From each strip, you will prepare three blocks.
- For each block, you need *a minimum* selvage around the paper equal to $\frac{1}{4}$ ".
- You will then use your glue stick and run a line of glue near but not on the edge of the paper on the grey side that you had labeled, and gently fold over the fabric to make it stick and hold lightly to the paper.
- PLEASE DO NOT GLUE THE ENTIRE BACKSIDE OF FABRIC TO PAPER.

Gluing and Cutting Fabric Photos



Handsewing

- Starting with one blue and one pink, you will want to cut a length of thread approximately 20 inches long and thread the needle, tying a knot at one end.
- Using a whip stitch, fold 2 pieces together right sides together and line up at one corner lengthwise, and stitch from folded edge to folded edge, left to right, left to right (or for right-handed people, right to left, right to left) down the length. Knot at end to tie off.
- Make three units that are identical of 1 pink and 1 blue piece.
- Lay out three units to chose pink or blue for inside color.

Handsewing Pictures



Sewing units together

- Next line up the three units on a table to choose pink or blue as inside color. Then fold one unit over the other and stitch to begin hexagon.
- In example, sewing across blue to unit below.



Adding Final Unit

- Sew the final unit to the other two to make a 6-sided HEXAGON shape with a single color in the middle.
- You are finished with your first block!
- Next week we will start a different block design with new fabrics to make the second in the series of blocks for our mini paper-pieced quilt!
- Total time for first block: This will take 1-2 hours as you get the hang of what we are doing.
- Please DO NOT remove paper from block until we have assembled multiple hexagons together. I will tell you when!

Resource guide

- If this doesn't make sense, please go on YouTube and watch other quilters to see technique and sewing in action.
- Use the search term: English Paper Piecing.
- Want more inspiration? Check out the website of Katja Marek. She has several designs based on English Paper Piecing that are for public use under the tabs "Quilt Alongs."
- Also attached is a queen size quilt top that Mrs. Redcrow has been making using EPP blocks just like yours!

What
Mrs.
Redcrow
Has
Made
Using
EPP

